

# Patient Instructions for Zoom

For  
Computer



## How to connect to your Telehealth Video Appointment

- You will need a desktop/laptop computer that has a camera and microphone\*
- Make sure you have a good internet connection
- Be in a quiet, well-lit, and private space
- Be sure to log in a few minutes before your scheduled time

## How to download and use the Zoom desktop application for your telehealth visit

- You do not need to create a Zoom account for your telehealth visit



**1** Your doctor should have provided you a Meeting Link for your telehealth visit.

Click on the **Meeting Link** to join.

**2** The link will open a Zoom launch page on your Internet browser. Click "**download and run Zoom**" to download the Zoom application for free.

When system dialog prompts, click **Allow**.

If you have Zoom Client installed, [launch meeting](#). Otherwise, [download and run Zoom](#).

**3** Download the Zoom application to your computer or laptop. After download is complete, return to the Zoom launch page and click "**launch meeting**" and then click "**Allow**."

When system dialog prompts, click **Allow**.

If you have Zoom Client installed, [launch meeting](#). Otherwise, [download and run Zoom](#).

When system dialog prompts, click **Allow**.

Do you want to allow this page to open "zoom.us"?

Cancel Allow

If you have Zoom Client installed, [launch meeting](#). Otherwise, [download and run Zoom](#).

If you cannot download or run the application, [join from your browser](#).

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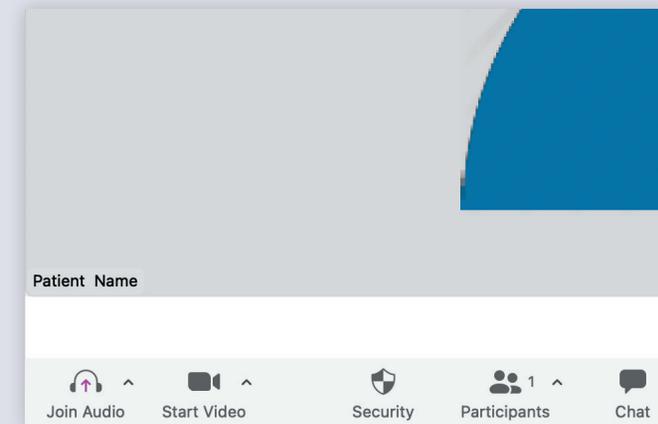
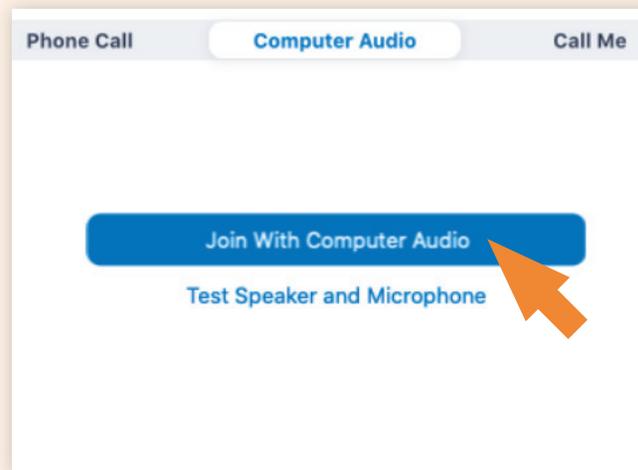
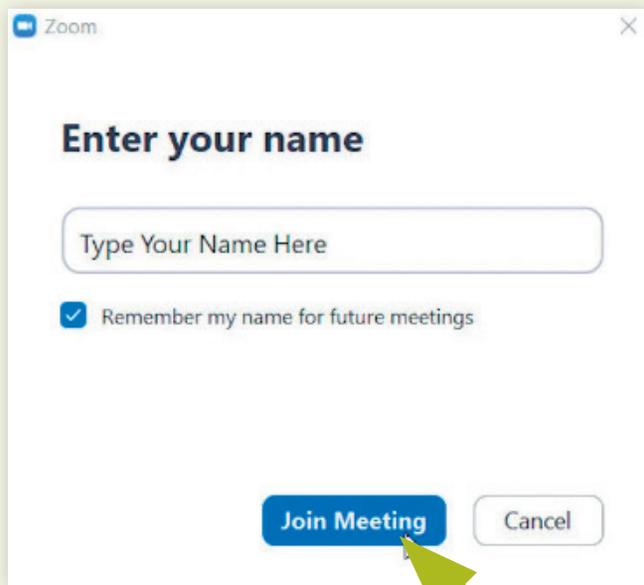
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4 Enter your full name in the box and click “**Join.**”

5 The Zoom application will open and your provider will let you in. You will be asked how to join audio. Click “**Join With Computer Audio**” to use your computer speakers and microphone.

6 You are now in your telehealth video visit. Make sure that your **audio** and **video** is on (the audio and video icons should look exactly like what is pictured below).



*\*Your provider may have enabled a waiting room. Please wait for your provider to let you in.*